

## Totnes 10K

Totnes: 6.5 Miles  
 Sunday 04-Aug-2024 at 11:00  
 Organised by: Teignbridge Trotters

## Race Results

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Cat Pos
1	420	Ceri REES	M V50	Unattached	00:38:39	00:38:39		1	1
2	423	Oli REYNOLDS	M Senior	Teignbridge Trotters	00:38:54	00:38:54		2	1
3	576	Matthew GILVEAR	M Senior	Erme Valley Harriers	00:40:40	00:40:38		3	2
4	152	Richard EDWARDS	M Senior	Unattached	00:41:05	00:41:04		4	3
5	220	Joel HEATLEY	M V40	South West Road Runners	00:41:21	00:41:21		5	1
6	187	Harry GEE	M V40	Unattached	00:41:47	00:41:47		6	2
7	422	Luke REYNOLDS	M Senior	Teignbridge Trotters	00:42:12	00:42:12		7	4
8	342	Sebastian MUNDAY	M Senior	Exeter Harriers	00:42:21	00:42:21		8	5
9	168	Mark FERGUSON	M V50	Datchet Dashers	00:42:57	00:42:56		9	2
10	147	Roger EASTERBROOK	M V50	Teignbridge Trotters	00:43:01	00:42:58		10	3
11	560	Nick WRIGHT	M Senior	Torbay Tri Club	00:43:17	00:43:14		11	6
12	20	Graham BALE	M V55	Plymstock Road Runners	00:43:22	00:43:19		12	1
13	384	Ethan PAVEY	M Senior	South West Road Runners	00:43:31	00:43:29		13	7
14	131	Sam DIXON	M Senior	Bovey Valley Runners	00:43:42	00:43:37		14	8
15	278	Jordan KEWELL	M Senior	Unattached	00:43:57	00:43:56		15	9
16	455	Alex SNELL	M V40	Torbay Aac	00:44:06	00:44:03		16	3
17	177	Louise FLYNN	F V40	Les Croupiers Rc	00:44:14	00:44:14		1	1
18	189	Fiona GERMAN	F Senior	South West Road Runners	00:44:36	00:44:33		2	1
19	451	Matthew SELMAN	M Senior	Unattached	00:44:42	00:44:42		17	10
20	344	Hasan NABHAN	M Senior	Unattached	00:44:50	00:44:48		18	11
21	424	Phil REYNOLDS	M V50	Teignbridge Trotters	00:44:53	00:44:50		19	4
22	315	Paul MARSON	M V40	Wolverhampton & Bilston	00:45:19	00:45:16		20	4
23	120	Shaun DAVEY	M Senior	Unattached	00:45:29	00:45:24		21	12
24	95	Daniel CLEWLEY	M Senior	Unattached	00:45:45	00:45:43		22	13
25	135	Ellie DOMINEY	F V40	Unattached	00:45:50	00:45:48		3	2
26	154	Jonathan ELLIS	M V40	Unattached	00:45:55	00:45:47		23	5
27	284	Lauren KNOX	F Senior	Storm Plymouth	00:46:07			4	2
28	243	Scott HUNTER	M V40	South West Road Runners	00:46:16	00:46:13		24	6
29	130	Martyn DENSHAM	M Senior	Unattached	00:46:19	00:46:14		25	14
30	265	Amy JONES	F V40	South West Road Runners	00:46:20	00:46:20		5	3
31	490	Dan MARTIN	M Senior	Torbay Aac	00:46:41	00:46:35		26	15
32	160	Craig ERICKSON	M Senior	Plymouth Harriers	00:46:44	00:46:39		27	16
33	190	Harry GERMAN	M Senior	Unattached	00:46:55	00:46:52		28	17
34	35	Thomas BEZANSON	M Senior	Unattached	00:47:11	00:47:08		29	18
35	109	Tim CROSS	M Senior	Unattached	00:47:20			30	19
36	36	William BISHOP	M Senior	Unattached	00:47:24	00:47:23		31	20
37	477	Richard SMITH	M V60	Torbay Tri Club	00:47:26	00:47:22		32	1
38	78	Matthew CATES	M V40	Unattached	00:47:41	00:47:34		33	7
39	241	Richard HUNTER	M V40	Shropshire Shufflers	00:47:46	00:47:37		34	8
40	343	Tom MURCH	M Senior	Unattached	00:48:10			35	21
41	300	Chris LINES	M V50	Sedgefield Harriers	00:48:25	00:48:19		36	5

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos
42	367	James O'BRIEN	M Senior	South West Road Runners	00:48:34	00:48:30		37 22
43	480	Lorna SPAYNE	F V40	Bad Boy Running Club	00:48:37	00:48:33		6 4
44	67	Peter BURBRIDGE	M V40	Unattached	00:48:40	00:48:35		38 9
45	500	Katie SYNGE-CURTIS	F Senior	Royal Navy Athletics Club	00:48:43	00:48:41		7 3
46	228	Jerry HOCKING	M V50	Torbay Tri Club	00:48:48	00:48:43		39 6
47	99	Stephen COLLIER	M V45	South West Road Runners	00:48:49	00:48:44		40 1
48	86	Felix CICERON	M Senior	Unattached	00:49:00	00:48:57		41 23
49	82	Tom CHARTON-BOWERN	M Senior	Haldon Trail Runners	00:49:01	00:49:01		42 24
50	173	Kevin FINE	M Senior	Torbay Aac	00:49:02	00:48:57		43 25
51	149 ††	Paul EDWARDS	M V50	Unattached	00:49:10	00:49:06		44 7
52	13	Jack ARUNDEL	M Senior	Storm Plymouth	00:49:11	00:49:07		45 26
53	143	Adam DRAPER	M Senior	Belgrave Harriers	00:49:14	00:49:11		46 27
54	182	Martin FRENCH	M V50	Unattached	00:49:20	00:49:18		47 8
55	250	Chris JACOBS	M V40	Unattached	00:49:34	00:49:27		48 10
56	274	Jimmy JOY	M V60	Exmouth Harriers	00:49:36			49 2
57	145	Elizabeth DYSON	F Senior	Haldon Trail Runners	00:49:41			8 4
58	227	Jonathan HISCOKE	M Senior	Torbay Tri Club	00:49:53	00:49:49		50 28
59	387	Ben PAYNE	M Senior	Plymouth Harriers	00:50:00	00:49:55		51 29
60	393	Colin PETERS	M V55	South Devon Ac	00:50:00	00:49:56		52 2
61	140	Lee DOUGLAS	M Senior	Unattached	00:50:00	00:49:55		53 30
62	192	Russell GIBSON	M Senior	Unattached	00:50:12	00:50:09		54 31
63	159	David ENGLEDEW	M V60	Erme Valley Harriers	00:50:17	00:50:14		55 3
64	118	Corey DATE	M Junior	Teignbridge Trotters	00:50:27	00:50:23		56 1
65	279	David KILGORE	M V45	Storm Plymouth	00:50:52			57 2
66	336	Simon MOORE	M V50	Unattached	00:50:58	00:50:51		58 9
67	235	Rory HONEY	M Senior	Unattached	00:51:05	00:50:56		59 32
68	454	John SHAPLAND	M V70+	Bideford Aac	00:51:12	00:51:09		60 1
69	247	Nath ISAAC	M Senior	Unattached	00:51:23	00:51:21		61 33
70	375	Billy PAGE	M Senior	Unattached	00:51:25	00:51:22		62 34
71	543	Darren WHITTINGTON	M V45	Unattached	00:51:31	00:51:27		63 3
72	444	Ollie SCANTLEBURY	M Senior	Unattached	00:51:40	00:51:33		64 35
73	547	Damien WILLIAMS	M Senior	Unattached	00:51:42	00:51:29		65 36
74	107	Hannah COX	F Senior	Unattached	00:51:44	00:51:36		9 5
75	271	Nick JONES	M Senior	Unattached	00:51:46			66 37
76	172	Nick FIELDEN	M V45	North Leeds Fell Runners	00:51:48	00:51:44		67 4
77	17	Dan BAILEY	M Senior	Unattached	00:52:00	00:51:57		68 38
78	390	Mark PECK	M Senior	Unattached	00:52:05			69 39
79	102	Gregory COOK	M Senior	Teignbridge Trotters	00:52:05	00:52:00		70 40
80	52	Graeme BRIDLE	M V40	Unattached	00:52:19	00:52:15		71 11
81	81	Natacha CHARTON-BOWERN	F Senior	Haldon Trail Runners	00:52:21	00:52:18		10 6
82	14	Jessica ASHWORTH	F Senior	Erme Valley Harriers	00:52:45	00:52:38		11 7
83	45	Michael BOWERS	M V40	Unattached	00:52:50	00:52:43		72 12
84	262	Bevan JOHNSON	M V50	Unattached	00:53:07	00:53:03		73 10
85	418	Ben REED	M V40	Torbay Tri Club	00:53:13	00:53:09		74 13
86	180	Alex FOXFIELD	M Senior	Unattached	00:53:16	00:53:08		75 41
87	257	Rhys JENKINS	M Senior	Unattached	00:53:24			76 42
88	114	Ian DABBS	M V55	Torbay Tri Club	00:53:32	00:53:25		77 3

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Pos
89	340	Shaun MULLEN	M Senior	Unattached	00:53:34	00:53:30		78	43
90	93	Mahni CLEAR	M Senior	Unattached	00:53:47	00:53:38		79	44
91	267	Chris JONES	M V40	Unattached	00:53:51	00:53:31		80	14
92	314	Hugh MARSDEN	M V65	Exmouth Harriers	00:53:53	00:53:49		81	1
93	503	Ray TEDSTONE	M Senior	South Devon Ac	00:53:55	00:53:51		82	45
94	57	Mark BROOKS	M V55	Unattached	00:53:56	00:53:55		83	4
95	178	Dani WATERS	F Senior	South Devon Ac	00:53:56	00:53:49		12	8
96	134	Kirsten DOLBY	F Senior	Unattached	00:53:58			13	9
97	138	Ollie DORRELL	M V40	Unattached	00:54:02			84	15
98	583	Christian ROBINSON	M V45	Teignbridge Trotters	00:54:02	00:53:53		85	5
99	239	Tristram HOWE	M Senior	Unattached	00:54:08	00:54:02		86	46
100	194	Mollie GILBERT	F Senior	Unattached	00:54:18	00:54:11		14	10
101	483	Gareth SPUHLER	M V45	Unattached	00:54:22	00:54:16		87	6
102	38	Anthea BOARD	F V60	Haldon Trail Runners	00:54:24	00:54:22		15	1
103	519	Wendy URBAN	F V60	Torbay Tri Club	00:54:45	00:54:36		16	2
104	360	Aidan NORMAN	M Senior	Unattached	00:54:53	00:54:48		88	47
105	350	James NICHOLLS	M V55	Unattached	00:54:54	00:54:50		89	5
106	285	Gregory LACHAS	M V50	Unattached	00:55:00	00:54:58		90	11
107	65	Jamie BULLOCK	M V45	Unattached	00:55:00	00:54:56		91	7
108	105	Michael CORK	M V65	Plymouth Coasters	00:55:02	00:54:50		92	2
109	355	Rebecca NILES	F Senior	Torbay Aac	00:55:06	00:54:57		17	11
110	79	Andrew CHAPELL	M V55	Erme Valley Harriers	00:55:08	00:54:52		93	6
111	281	Kris KING	M V55	Unattached	00:55:13	00:55:07		94	7
112	253	Thomas JAPES	M Senior	Unattached	00:55:18	00:55:13		95	48
113	570	Mark SINCLAIR	M V55	Plymouth Musketeers Running Club	00:55:20	00:55:10		96	8
114	496	Alice STUCKEY	F Senior	Haldon Trail Runners	00:55:22	00:55:20		18	12
115	411	Martyn PROUSE	M V45	Unattached	00:55:30	00:55:25		97	8
116	534	Gavin WHATLEY	M V40	Unattached	00:55:33	00:55:20		98	16
117	128	Michael DAY	M V40	Unattached	00:55:37	00:55:27		99	17
118	564	Justin WYLIE	M V45	Greenbow Running Club	00:55:49	00:55:34		100	9
119	458	Hazel SHEARS	F Senior	Langport Runners	00:56:03	00:55:57		19	13
120	571	Tristan FROST	M V40	Unattached	00:56:09	00:55:54		101	18
121	24	Wayne BAXTER	M V40	South West Road Runners	00:56:12	00:56:06		102	19
122	525	Paul WALDRON	M V55	Tavistock Ac	00:56:13	00:56:04		103	9
123	104	Robert COOMBS	M V60	Haldon Trail Runners	00:56:17	00:56:11		104	4
124	18	Edward BAILEY	M V55	Unattached	00:56:20	00:56:08		105	10
125	108	Richard CROMPTON	M V55	Unattached	00:56:25	00:56:21		106	11
126	11	Jonathan ARMES	M V55	Haldon Trail Runners	00:56:29	00:56:23		107	12
127	498	Simon SWIFT	M V55	Erme Valley Harriers	00:56:29	00:56:09		108	13
128	125	Sharon DAW	F V55	East Cornwall Harriers	00:56:43	00:56:38		20	1
129	557	Mark WOOLCOCK	M V45	Unattached	00:56:45	00:56:27		109	10
130	370	Jake OLDFIELD	M Senior	Unattached	00:56:55	00:56:37		110	49
131	349	Mark NEWSON	M V55	Honiton Running Club	00:57:05	00:56:58		111	14
132	392	Helen PERRY-SMITH	F Senior	Plymouth Coasters	00:57:08	00:56:56		21	14
133	524	Adam WADDLE	M Senior	Teignbridge Trotters	00:57:12	00:57:07		112	50
134	151	Rebecca EDWARDS	F V50	Corsham Running Club	00:57:15	00:57:09		22	1
135	272	Oliver JONES	M Junior	Unattached	00:57:15	00:57:04		113	2

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos
136	446	Rachel SCOTT	F Senior	Unattached	00:57:22	00:57:15		23 15
137	426	Kevin RICKARD	M Senior	Unattached	00:57:23	00:57:11		114 51
138	556	Simon WOODHOUSE	M V50	Unattached	00:57:29	00:57:17		115 12
139	25	Peter BAZLEY	M V65	Tavistock Ac	00:57:30	00:57:23		116 3
140	537	Andrew WHITBY	M V60	Instinctive Sports	00:57:33	00:57:27		117 5
141	43	Michael BORDER	M Senior	Teignbridge Trotters	00:57:34	00:57:24		118 52
142	270	Marc JONES	M V50	Unattached	00:57:36	00:57:28		119 13
143	170	Scott FIELD	M V50	Unattached	00:57:39	00:57:39		120 14
144	142	Mat DOYE	M Senior	Unattached	00:57:40	00:57:22		121 53
145	230	Tom HODGSON	M V45	Unattached	00:57:45			122 11
146	288	Callum LAMONT	M V55	South West Road Runners	00:57:45	00:57:39		123 15
147	319	Caleb MASON	M Senior	Unattached	00:57:51	00:57:24		124 54
148	372	Bill OSBORNE	M Senior	Unattached	00:57:55	00:57:55		125 55
149	310	Anthony WATERS	M V45	South Devon Ac	00:57:55	00:57:41		126 12
150	398	Thomas PINCHES	M Senior	Unattached	00:58:11	00:58:06		127 56
151	506	Alice THOMAS	F Senior	Exmouth Harriers	00:58:19	00:58:13		24 16
152	482	David SPEAR	M V60	Unattached	00:58:21	00:58:11		128 6
153	589	Ruth ELLIS	F Senior	Plymstock Road Runners	00:58:22	00:58:06		25 17
154	254	Fred JENKINS	M V60	Instinctive Sports	00:58:34	00:58:26		129 7
155	566	Karen YOUNG	F Senior	Unattached	00:58:38	00:58:32		26 18
156	283	Lee KNOWLES	M V45	Trail Outlaws Running Club	00:58:39	00:58:32		130 13
157	318	Mark MASLIN	M V40	Unattached	00:58:40	00:58:32		131 20
158	322	Anthony MATTHEWS	M V60	Unattached	00:58:45	00:58:36		132 8
159	507	Lisa THOMAS	F V40	Unattached	00:58:46	00:58:41		27 5
160	516	Grahame TURNER	M V55	Bow Street Runners	00:58:55	00:58:47		133 16
161	421	Christopher RENDERS	M Senior	Unattached	00:58:59	00:58:54		134 57
162	448	Iaen SELL	M V65	Torbay Aac	00:58:59	00:58:47		135 4
163	76	Lottie CARTER	F Senior	Unattached	00:59:00	00:58:51		28 19
164	391	Jess PENNY	F Senior	Unattached	00:59:16	00:59:10		29 20
165	213	Matt HANNAM	M Senior	Unattached	00:59:21	00:59:11		136 58
166	15	David AUSTIN	M V40	Plymouth Musketeers Running Club	00:59:24	00:59:14		137 21
167	330	Andrew MITCHELL	M V50	Erme Valley Harriers	00:59:27	00:59:12		138 15
168	80	Helen CHAPELL	F V50	Erme Valley Harriers	00:59:29	00:59:14		30 2
169	217	Helen HART	F V50	Hart Road Runners	00:59:31	00:59:16		31 3
170	196	Jeremy GODDARD	M V55	South Devon Ac	00:59:37	00:59:24		139 17
171	487	Alex STEVENS	M V45	Unattached	00:59:40	00:59:27		140 14
172	514	Paul TOZER	M V60	Unattached	00:59:44	00:59:28		141 9
173	158	Alison ENGLEDEW	F V65	Erme Valley Harriers	00:59:45			32 1
174	554	Stuart WONNACOTT	M V40	Unattached	00:59:47	00:59:27		142 22
175	348	James NEWMAN	M Senior	Plymouth Musketeers Running Club	00:59:48	00:59:36		143 59
176	306	Chris MACLEOD	M V45	Teignbridge Trotters	00:59:50	00:59:27		144 15
177	211	Kristina GULLIVER	F Senior	Unattached	00:59:53	00:59:46		33 21
178	146	Richard EALES	M V40	Unattached	00:59:56	00:59:35		145 23
179	191	Amanda GIBSON	F Senior	Unattached	00:59:56	00:59:33		34 22
180	96	Rory CLISBY	M V40	Unattached	01:00:07	00:59:54		146 24
181	324	Craig McEWAN	M Senior	Unattached	01:00:11	01:00:03		147 60
182	383	Kamal PATEL	M Senior	Unattached	01:00:12	01:00:03		148 61

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Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos
183	439	Darren ROWE	M Senior	Unattached	01:00:16	01:00:14		149 62
184	445	Tasmin SCHOFIELD	F Senior	Unattached	01:00:17	01:00:06		35 23
185	329	Olivia MILES	F Senior	Unattached	01:00:22	01:00:16		36 24
186	481	Daniel SPEAR	M Junior	Unattached	01:00:29	01:00:20		150 3
187	277	Steve KEMP	M Senior	Unattached	01:00:32	01:00:09		151 63
188	268	Jonathan JONES	M V55	Unattached	01:00:33	01:00:25		152 18
189	137	Kevin DORMAN	M V40	Unattached	01:00:35	01:00:15		153 25
190	21	Julian BARNES	M Senior	Unattached	01:00:39	01:00:21		154 64
191	545	Billy WILLIAMS	M Senior	Unattached	01:00:42	01:00:32		155 65
192	485	Emma START	F V50	Bovey Valley Runners	01:00:43	01:00:22		37 4
193	251	Cameron JAMES	M Senior	Unattached	01:00:48	01:00:34		156 66
194	476	Madeleine SMITH	F Senior	Unattached	01:00:48	01:00:26		38 25
195	47	Jonathan BOWMAN	M V45	Unattached	01:00:49	01:00:13		157 16
196	339	Edward MUDD	M Senior	Unattached	01:00:50	01:00:42		158 67
197	309	James MANN	M Senior	Plymstock Road Runners	01:00:57			159 68
198	74	Michael CAMPLING	M V55	Vegan Runners Uk	01:01:01	01:00:51		160 19
199	374	John OUTHWAITE	M V70+	Unattached	01:01:01	01:00:45		161 2
200	246	Trevor IRONS	M V70+	Teignbridge Trotters	01:01:03	01:00:42		162 3
201	403	Chris POOLE	M V65	Unattached	01:01:14	01:01:09		163 5
202	8	Sam ANDREWS	M Senior	Unattached	01:01:16			164 69
203	16	Simon AYRES	M V45	Unattached	01:01:18	01:01:07		165 17
204	31	James BENNETT	M Senior	Unattached	01:01:30	01:01:16		166 70
205	231	John HOLLAND	M V45	Unattached	01:01:36	01:01:26		167 18
206	540	Des WHITE	M V70+	Exmouth Harriers	01:01:42	01:01:36		168 4
207	492	Lydia STONE	F Senior	Unattached	01:01:43	01:01:21		39 26
208	282	Shaun KIRK	M V55	South Devon Ac	01:01:45	01:01:35		169 20
209	548	Fiona WILLIAMS	F V40	Unattached	01:01:48	01:01:39		40 6
210	365	Matt NORMAN	M V55	Unattached	01:01:49	01:01:41		170 21
211	169	Sheuli FERGUSON	F V50	Datchet Dashers	01:01:50	01:01:43		41 5
212	188	Mary GEORGE	F V45	Unattached	01:01:50	01:01:09		42 1
213	212	Kevin HAGLEY	M V60	South West Road Runners	01:01:52	01:01:46		171 10
214	73	Michael CAMPBELL	M Senior	Unattached	01:01:54	01:01:45		172 71
215	542	Rob WHITE	M V55	Bovey Valley Runners	01:01:55	01:01:48		173 22
216	435	Dean RODGERS	M V55	Unattached	01:01:57	01:01:33		174 23
217	157	Tom EMERSON	M V40	Unattached	01:02:00	01:01:43		175 26
218	156	Eric EMERSON	M V70+	Axe Valley Runners	01:02:00	01:01:43		176 5
219	316	Milly-May MARTIN	F V40	Unattached	01:02:01	01:01:43		43 7
220	379	Tess PALMER	F Senior	Unattached	01:02:04	01:01:50		44 27
221	164	Arthur FAIRCLOUGH	M Junior	Unattached	01:02:14	01:01:54		177 4
222	338	Evan MORRIS	M Senior	Unattached	01:02:16	01:02:04		178 72
223	584	Becky KINGDON	F V40	Unattached	01:02:19	01:02:05		45 8
224	23	Oliver BATTYE	M Senior	Unattached	01:02:27	01:02:11		179 73
225	263	Oliver JOHNSON	M Senior	Unattached	01:02:27	01:02:13		180 74
226	307	Alan MAHER	M V40	Unattached	01:02:31	01:01:50		181 27
227	287	Nicola LAING	F V45	Unattached	01:02:35	01:02:13		46 2
228	533	Dan WESTLAKE	M Senior	Unattached	01:02:38	01:02:30		182 75
229	1	Shaheer ABBAS	M Senior	Plymouth Harriers	01:02:38	01:02:21		183 76

## Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Cat Pos
230	69	Tim BURGESS	M V55	Unattached	01:02:40	01:02:27		184	24
231	30	Kerry BELL	F V60	South Devon Ac	01:02:41	01:02:28		47	3
232	269	Louise JONES	F V40	Unattached	01:02:51	01:02:27		48	9
233	578	Jessica MOIR	F Senior	Unattached	01:02:53	01:02:29		49	28
234	575	Sophie GILVEAR	F Junior	Erme Valley Harriers	01:02:55	01:02:47		50	1
235	7	Jim ANDREWS	M V60	Plymouth Musketeers Running Club	01:02:56	01:02:30		185	11
236	521	Mark VEALE	M V55	Unattached	01:02:56	01:02:39		186	25
237	574	David GILVEAR	M V60	Erme Valley Harriers	01:02:57	01:02:49		187	12
238	66	Simon BUNDAY	M V65	Haldon Trail Runners	01:02:59	01:02:46		188	6
239	185	Helen FROW	F V55	Unattached	01:03:01	01:02:50		51	2
240	305	Andrew LOWERSON	M V60	Unattached	01:03:02	01:02:50		189	13
241	232	Laura HOLLAND	F Senior	Teignbridge Trotters	01:03:03	01:02:41		52	29
242	119	Laura DAVEY	F V40	Unattached	01:03:04	01:02:49		53	10
243	205	Joe GRENHAM	M V60	Unattached	01:03:07	01:02:48		190	14
244	44	Guy BOSWELL	M V60	Plymouth Musketeers Running Club	01:03:12	01:02:43		191	15
245	337	Stephen MORGAN	M V50	Unattached	01:03:14	01:03:01		192	16
246	144	Lewin DUMPER	M V60	Storm Plymouth	01:03:14	01:02:47		193	16
247	441	Summer RUNNER	F V40	Storm Plymouth	01:03:14	01:03:04		54	11
248	489	Glenn STOCKMAN	M V50	Unattached	01:03:14	01:03:03		194	17
249	150 ††	Paul EDWARDS	M V45	Unattached	01:03:15	01:03:04		195	19
250	58	James BROWN	M V55	Unattached	01:03:23	01:02:46		196	26
251	470	Estelle SKINNER	F V40	Dawlish Coasters	01:03:29	01:03:17		55	12
252	453	Andrew SHANKSTER	M V55	Unattached	01:03:34	01:03:12		197	27
253	358	Mark NOLAN	M V55	Unattached	01:03:38	01:03:30		198	28
254	72	Laura CAMERON LONG	F V45	Unattached	01:03:52	01:03:31		56	3
255	148	Aidan EDWARDS	M Senior	Unattached	01:03:55	01:03:41		199	77
256	61	Daniel BROWNING	M Senior	Plymouth Harriers	01:04:03	01:03:48		200	78
257	366	Max NORMAN	M Junior	Unattached	01:04:15	01:04:09		201	5
258	416	Anthony REDGEWELL	M V40	Unattached	01:04:16	01:03:58		202	28
259	419	Paul REED	M V55	Unattached	01:04:20	01:03:47		203	29
260	280	Darren KING	M V45	Unattached	01:04:24	01:04:07		204	20
261	116	Robert DANIEL	M Senior	Unattached	01:04:24	01:04:08		205	79
262	437	Elizabeth ROFFEY	F V45	Unattached	01:04:26	01:04:07		57	4
263	276	Julia KELLIE	F V50	Unattached	01:04:27	01:04:09		58	6
264	471	Lynne SKINNER	F V40	Plymouth Falconers	01:04:30	01:04:13		59	13
265	2	James ADAMS	M Senior	Unattached	01:04:33	01:04:15		206	80
266	207	Cirsty GRIFFITHS	F Senior	Unattached	01:04:35	01:04:20		60	30
267	208	Rhodri GRIFFITHS	M Senior	Unattached	01:04:36	01:04:20		207	81
268	233	George HOLMAN	M Senior	South Devon Ac	01:04:41	01:04:27		208	82
269	518	Julia TYSOE	F V55	Unattached	01:04:46	01:04:36		61	3
270	335	Martin MOIR	M Senior	Unattached	01:04:51	01:04:27		209	83
271	385	Harvey FISHER	M V40	Unattached	01:04:52	01:04:33		210	29
272	215	David HARRISON	M V70+	Unattached	01:05:00	01:04:41		211	6
273	352	Richard NICHOLS	M Senior	Teignbridge Trotters	01:05:13	01:04:36		212	84
274	562	Steve WRIGHT	M V50	South Devon Ac	01:05:14	01:04:55		213	18
275	63	Howie BRUGER	M V50	Torbay Tri Club	01:05:15	01:04:54		214	19
276	475	Ian SMITH	M V50	Unattached	01:05:24	01:05:14		215	20

## Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Cat Pos
277	585	Jack FRANKLIN	M Junior	Unattached	01:05:28	01:05:00		216	6
278	5	Tanya ALEXANDER	F V40	Holbeton Harriers	01:05:29	01:05:22		62	14
279	567	William YOUNG	M Senior	Unattached	01:05:38	01:05:08		217	85
280	456	Sarah SHAW	F Senior	Unattached	01:05:38	01:05:07		63	31
281	77	Michelle CARTLIDGE	F Senior	Plymouth Harriers	01:05:40	01:05:24		64	32
282	508	Oliver THOMAS	M Senior	Teignbridge Trotters	01:05:44	01:05:27		218	86
283	408	Adrian PRISK	M V50	Unattached	01:05:44	01:05:07		219	21
284	83	Michael CHIVALL	M V45	Unattached	01:05:45	01:05:36		220	21
285	569	Sarah-Jane SINCLAIR	F V55	Plymouth Musketeers Running Club	01:05:55	01:05:37		65	4
286	333	Jordan MITCHELL	M Senior	Unattached	01:05:57	01:05:16		221	87
287	136	Finley DORMAN	M Junior	Unattached	01:06:11	01:05:50		222	7
288	529	Peter WATTS	M V65	Winchester Running Club	01:06:12	01:05:52		223	7
289	117	Dan DANIELS	M V40	Unattached	01:06:15			224	30
290	371	Lucy OLDHAM	F V45	East Cornwall Harriers	01:06:18	01:05:47		66	5
291	328	James McSWEENEY	M V45	Unattached	01:06:21	01:06:10		225	22
292	364	Josephine NORMAN	F V50	Unattached	01:06:27	01:06:16		67	7
293	586	Chris NICHOLLS	M Senior	Unattached	01:06:37	01:06:19		226	88
294	462	Matt SHIPTON	M Senior	Unattached	01:06:40	01:06:21		227	89
295	256	Owen JENKINS	M Senior	Unattached	01:06:40	01:06:36		228	90
296	346	Helen NESBITT	F V40	Yeovil Town Rrc	01:06:47	01:06:29		68	15
297	98	Richard COFFEY	M V55	Ware Joggers	01:06:49	01:06:16		229	30
298	261	Paul JOHNS	M V60	Unattached	01:06:51	01:06:25		230	17
299	396	Alex PICKSTONE	F V40	Unattached	01:06:52	01:06:41		69	16
300	493	Chris STOPPARD	M V45	Unattached	01:07:06	01:06:51		231	23
301	204	Emma GREEN	F V50	Unattached	01:07:09	01:07:00		70	8
302	577	Isla POLLAK	F Junior	Unattached	01:07:16	01:07:05		71	2
303	581	Chris JOSEPH	M V50	Unattached	01:07:17	01:06:46		232	22
304	555	Stuart WOOD	M V40	Unattached	01:07:17	01:07:01		233	31
305	321	David MATTHAMS	M V60	Instinctive Sports	01:07:20	01:07:13		234	18
306	320	Daniel MATTHAMS	M Senior	Unattached	01:07:20	01:07:13		235	91
307	559	Elle WRIGHT	F Senior	Unattached	01:07:25	01:07:05		72	33
308	334	James MITTON	M Senior	Unattached	01:07:26	01:07:08		236	92
309	463	Sally SHOOLBRAID	F V60	Bovey Valley Runners	01:07:48	01:07:33		73	4
310	161	Molly EVANS	F Senior	Unattached	01:07:51	01:07:27		74	34
311	563	Sue WRIGHT	F V60	Unattached	01:07:59	01:07:36		75	5
312	561	Phil WRIGHT	M V40	Unattached	01:08:00	01:07:54		237	32
313	34	Karen BEVAN-MOGG	F V50	Unattached	01:08:05	01:07:54		76	9
314	427	Janet RITCHIE	F V60	Carn Runners	01:08:07	01:07:54		77	6
315	464	Ayrton SIDEBOTTOM	M Senior	Unattached	01:08:11	01:08:00		238	93
316	538	Alison WHITE	F V65	Exmouth Harriers	01:08:13	01:08:07		78	2
317	494	Matthew STOUT	M V65	Teignbridge Trotters	01:08:27	01:08:14		239	8
318	528	Claudia WATSON	F Senior	PI7 Pacers	01:08:34	01:08:04		79	35
319	395	Caroline PICK	F V60	Unattached	01:08:34	01:07:59		80	7
320	39	Helene BOND	F V55	Lonely Goat Rc	01:08:37	01:08:14		81	5
321	465	Carine SILVER	F V45	Unattached	01:08:39	01:08:15		82	6
322	513	Rebecca TOON	F V45	Unattached	01:08:42	01:08:24		83	7
323	226	Gemma HINE	F V45	Unattached	01:08:43	01:08:23		84	8

## Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos
324	434	Ben ROCHESTER	M Senior	Unattached	01:08:46	01:08:20	240	94
325	405	Cherry POWELL	F V55	South Devon Ac	01:09:04	01:08:40	85	6
326	450	Mark SELMAN	M V55	Unattached	01:09:05	01:08:49	241	31
327	400	Peter POLLAK	M V50	Unattached	01:09:13	01:09:01	242	23
328	565	Ziya YERLIKAYA	M V50	Unattached	01:09:13	01:09:01	243	24
329	582	Rebecca BARONS	F Senior	Unattached	01:09:24	01:08:58	86	36
330	552	Tara WILSON	F V45	Unattached	01:09:27	01:09:17	87	9
331	94	Katie CLEMENTS	F Senior	Unattached	01:09:33	01:09:20	88	37
332	210	Tom GROUT	M Senior	Unattached	01:09:33	01:09:20	244	95
333	291	Sarah LANE	F Senior	Unattached	01:09:35	01:09:27	89	38
334	111	Hannah CURRIE	F Senior	Plymouth Musketeers Running Club	01:09:42	01:09:18	90	39
335	46	Ella BOWLES	F V65	Unattached	01:09:54	01:09:44	91	3
336	362	Benjamin NORMAN	M Junior	Unattached	01:10:11	01:10:02	245	8
337	414	Ferne RAYBOULD	F V45	Brixham Harriers	01:10:14	01:09:44	92	10
338	323	Catherine MATTHEWS	F V40	Haldon Trail Runners	01:10:16	01:10:00	93	17
339	133	Michelle DOHERTY	F V45	Teignbridge Trotters	01:10:18	01:09:48	94	11
340	469	Trev SKEEN	M V55	Fylde Coast Runners	01:10:23	01:09:59	246	32
341	33	Kevin BESFORD	M V60	Teignbridge Trotters	01:10:23	01:10:01	247	19
342	544	Beckey WIGHTON	F Senior	Unattached	01:10:24	01:09:57	95	40
343	273	Neil JORDAIN	M V45	South Devon Ac	01:10:32	01:10:12	248	24
344	60	Ray BROWN	M V70+	Torbay Aac	01:10:36	01:10:23	249	7
345	373	Lorraine OSBORNE	F V60	Unattached	01:10:47	01:10:47	96	8
346	588	Tim FALLA	M V65	Unattached	01:10:47	01:10:31	250	9
347	572	Mike DAVIES	M V65	Torbay Aac	01:10:55	01:10:27	251	10
348	579	Jon BROAD	M Senior	Unattached	01:10:59	01:10:26	252	96
349	165	Evie FAIRCLOUGH-KAY	F Senior	Unattached	01:11:00	01:10:38	97	41
350	184	Neale FROOD	M V45	Cranbrook Running Club	01:11:02	01:10:41	253	25
351	206	Kate GRIBBLE	F Senior	Unattached	01:11:04	01:10:54	98	42
352	389	Alana PEARSON	F V40	Storm Plymouth	01:11:11	01:10:39	99	18
353	88	Adam CLARK	M Senior	Unattached	01:11:12	01:10:48	254	97
354	50	Thomas BRICE	M Senior	Unattached	01:11:15	01:10:55	255	98
355	442	Gemma SAMUEL	F Senior	Unattached	01:11:31	01:10:57	100	43
356	380	Geoff PANTER	M V45	Unattached	01:11:32		256	26
357	311	Alex MARKS	M Senior	Unattached	01:11:39	01:11:14	257	99
358	199	Katie GORDON	F Senior	Unattached	01:11:53	01:11:28	101	44
359	234	Mark HOLMAN	M V65	South Devon Ac	01:12:06	01:11:52	258	11
360	397	Richard PIDSLEY	M V55	Unattached	01:12:12	01:12:04	259	33
361	4	Gary ADDERLEY	M V55	Unattached	01:12:14		260	34
362	461	Matt SHILLABEER	M V50	Spectrum Striders	01:12:14	01:11:56	261	25
363	237	James HORRELL	M V60	Unattached	01:12:24	01:11:47	262	20
364	255	Jack JENKINS	M Senior	Unattached	01:12:26	01:12:21	263	100
365	106	Heather COVERDALE	F V60	South Devon Ac	01:12:30	01:12:04	102	9
366	153	Tracy ELFORD	F V55	South Devon Ac	01:12:30	01:12:05	103	7
367	413	Georgina RAMM	F Senior	Unattached	01:12:48	01:12:10	104	45
368	536	Chris WHIPP	M V55	Plymouth Musketeers Running Club	01:12:49	01:12:19	264	35
369	550	Wallis WILLIAMS	F Senior	Unattached	01:12:55	01:12:45	105	46
370	28	Mary BEATTIE	F V40	Unattached	01:13:02	01:12:28	106	19



## Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Cat Pos
371	409	Maryann PRISK	F V40	Unattached	01:13:04	01:12:27		107	20
372	183	Debbie FROOD	F V45	Unattached	01:13:06	01:12:46		108	12
373	110	Jessica CROWTER-JONES	F Senior	Unattached	01:13:08	01:12:52		109	47
374	468	Keith SIMPSON	M V60	Unattached	01:13:08	01:12:52		265	21
375	32	Cath BERRY	F V50	Unattached	01:13:16	01:12:43		110	10
376	209	Hannah GRONOW	F V50	Unattached	01:13:16	01:12:42		111	11
377	549	Matthew WILLIAMS	M V50	Unattached	01:13:17	01:12:50		266	26
378	252	Richard JAPES	M V50	Launceston Road Runners	01:13:23	01:13:02		267	27
379	327	Naoko McKINNON	F V65	Torbay Tri Club	01:13:24	01:13:07		112	4
380	53	Nicky BRIMICOMBE	F V55	Fordy Runs Running Club	01:13:24	01:12:46		113	8
381	163	Tony FAHY	M V60	Tiverton Harriers	01:13:28	01:13:06		268	22
382	84	Stephen CHIVERTON	M V65	Unattached	01:13:32	01:13:06		269	12
383	531	Roger WEBB	M V70+	South Devon Ac	01:13:32	01:13:18		270	8
384	64	Dominic BRYANT	M V50	Unattached	01:13:36	01:12:56		271	28
385	201	Nick GORNALL	M V55	Unattached	01:13:43	01:13:15		272	36
386	388	Kirsty PEARCE	F V50	Bovey Valley Runners	01:13:45	01:13:10		114	12
387	26	Jason BEAL	M V50	Unattached	01:14:01	01:13:46		273	29
388	504	Dawn TEED	F V60	Exmouth Harriers	01:14:07	01:14:01		115	10
389	123	Richard DAVIES	M V45	Unattached	01:14:15	01:13:53		274	27
390	124	Debbie DAVIS	F V55	Unattached	01:14:16	01:14:02		116	9
391	347	Lesley NESBITT	F V70+	Yeovil Town Rrc	01:14:21	01:14:02		117	1
392	541	Jo WHITE	F V45	Lonely Goat Rc	01:14:27	01:14:06		118	13
393	19	Becky BALE	F V50	Plymstock Road Runners	01:14:29	01:14:10		119	13
394	488	Ian STEWART	M V40	Unattached	01:15:01	01:14:35		275	33
395	229	Phil HODGSON	M Senior	Unattached	01:15:06	01:14:36		276	101
396	244	Shaun HURRELL	M V50	Unattached	01:15:11	01:14:50		277	30
397	97	Fiona COATES	F V50	Unattached	01:15:11	01:14:48		120	14
398	449	Helen SELMAN	F V55	Unattached	01:15:16	01:14:59		121	10
399	203	Donald GOVAN	M V50	Unattached	01:15:20	01:14:49		278	31
400	171	Lynsey FIELDEN	F V50	Unattached	01:15:21	01:14:57		122	15
401	49	Will BRANDON	M V55	Unattached	01:15:22	01:14:42		279	37
402	56	Katy BROOKFIELD	F V45	Unattached	01:15:23	01:15:05		123	14
403	92	Susan CLARKE	F V55	Unattached	01:15:23	01:14:55		124	11
404	478	Claire SNOWDEN	F V40	Unattached	01:15:30	01:15:18		125	21
405	523	Isheya VOISEY DAVIE	F Senior	Unattached	01:15:34	01:15:15		126	48
406	438	Jack ROFFEY	M Senior	Unattached	01:15:39	01:14:58		280	102
407	361	Andrew NORMAN	M V50	Unattached	01:15:53	01:15:42		281	32
408	238	Jan HORRELL	F V55	Unattached	01:15:53	01:15:15		127	12
409	258	Keith JERAM	M V70+	Unattached	01:15:53	01:15:30		282	9
410	406	David PRESSLEY	M V70+	South West Road Runners	01:16:00	01:15:35		283	10
411	433	Paul ROBERTS	M V45	Unattached	01:16:03	01:15:26		284	28
412	432	Jennifer ROBERTS	F V40	Unattached	01:16:12	01:15:35		128	22
413	41	Nicky BONFIELD	F V55	Unattached	01:16:16	01:15:48		129	13
414	40	Kevin BONFIELD	M V55	Unattached	01:16:16	01:15:48		285	38
415	517	Ellen TWIST	F V40	Unattached	01:16:19	01:15:51		130	23
416	515	Emma TRAIN	F Senior	Unattached	01:16:19	01:15:51		131	49
417	558	Richard WORRALL	M V45	Unattached	01:16:25	01:16:15		286	29

## Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos
418	214	Claire HARRISON	F V50	Bovey Valley Runners	01:16:25	01:15:48		132 16
419	354	Lisa NICKELS	F V45	Unattached	01:16:27	01:16:03		133 15
420	141	Sam DOUGLAS	F V45	Plymouth Musketeers Running Club	01:16:27	01:16:05		134 16
421	193	James GILBERT	M Senior	Unattached	01:16:30	01:16:05		287 103
422	221	Steve HEMMINGS	M V65	Unattached	01:16:31	01:16:14		288 13
423	132	Anna DOBKOWSK	F V45	Unattached	01:16:33	01:16:07		135 17
424	308	Jessica MAIN	F Junior	Unattached	01:16:35	01:16:11		136 3
425	443	Shaaron SANDERSON	F V60	Unattached	01:16:38	01:16:02		137 11
426	218	Rachel HART	F Senior	Unattached	01:16:42	01:16:10		138 50
427	219	Thomas HART	M Senior	Unattached	01:16:43	01:16:10		289 104
428	103	Judith COOK	F V65	Unattached	01:16:45	01:16:31		139 5
429	479	Emily SOPER	F Senior	Unattached	01:16:46	01:16:36		140 51
430	363	Charlotte NORMAN	F Senior	Unattached	01:16:46	01:16:42		141 52
431	299	Heather LILLEY	F Senior	Unattached	01:16:46	01:16:24		142 53
432	341	Jasmine MUMFORD	F Senior	Unattached	01:16:46	01:16:35		143 54
433	568	Patrick PAWLEY	M V65	Unattached	01:16:52			290 14
434	376	Amy PALMER	F Senior	Unattached	01:16:59	01:16:33		144 55
435	29	Billie BEESLEY	F Senior	Unattached	01:17:00	01:16:34		145 56
436	474	Clare SMITH	F V40	Unattached	01:17:09	01:16:34		146 24
437	486	Sarah STEED	F V50	East Cornwall Harriers	01:17:14	01:16:39		147 17
438	195	Rory GILBERT	M V55	Unattached	01:17:25	01:16:58		291 39
439	245	Matthew ILES	M V55	Unattached	01:17:31	01:16:57		292 40
440	551	Jade WILSON	F Senior	Instinctive Sports	01:17:34	01:17:00		148 57
441	200	Rob GORDON	M V40	Unattached	01:17:57	01:17:31		293 34
442	402	Karen POMFRET	F V55	Unattached	01:18:20	01:17:56		149 14
443	501	Nia TAMAYO	F Senior	Unattached	01:18:21	01:17:54		150 58
444	510	Brenda THORNE	F V65	Instinctive Sports	01:18:34	01:17:59		151 6
445	351	Chris NICHOLS	M V60	Teignbridge Trotters	01:18:41	01:18:04		294 23
446	115	Bruce DAKA	M Senior	Unattached	01:18:42	01:18:28		295 105
447	428	John RITCHIE	M V50	Plymouth Musketeers Running Club	01:18:49	01:18:25		296 33
448	378	Elliott PALMER	M Junior	Unattached	01:18:58	01:18:36		297 9
449	377	Colin PALMER	M V40	Storm Plymouth	01:19:01	01:18:38		298 35
450	85	Andy CHRISTIE	M V55	Unattached	01:19:37	01:18:56		299 41
451	295	Laura LE-LEIVRE	F V45	Unattached	01:19:45	01:19:15		152 18
452	202	Helen GOUGH	F V45	Unattached	01:19:46	01:19:15		153 19
453	497	James STUDLEY	M V40	Unattached	01:19:53	01:19:34		300 36
454	216	Natalie HARRISON	F V60	Storm Plymouth	01:19:57	01:19:46		154 12
455	75	Sue CAMPLING	F V55	Bovey Valley Runners	01:19:58	01:19:23		155 15
456	90	Stephen CLARK	M V65	Teignbridge Trotters	01:19:59	01:19:21		301 15
457	240	Nicola HUCKERBY	F V55	Bovey Valley Runners	01:20:18	01:19:48		156 16
458	429	Miranda RITCHIE	F V55	Plymouth Musketeers Running Club	01:20:37	01:20:13		157 17
459	198	Phillippa GOODWIN	F V60	Bovey Valley Runners	01:20:37	01:20:01		158 13
460	174	Brenda FINNEY	F V60	Torbay Tri Club	01:20:49	01:20:34		159 14
461	3	Helen ADAMSON	F V50	Unattached	01:20:51	01:20:10		160 18
462	166	James FARR	M V65	Storm Plymouth	01:20:52	01:20:23		302 16
463	37	David BLACK	M V55	Bovey Valley Runners	01:20:55	01:20:18		303 42
464	401	Carol POLLARD	F V70+	East Cornwall Harriers	01:20:56	01:20:21		161 2

## Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos	Cat Pos
465	539	Callum WHITE	M Junior	Unattached	01:21:31			304	10
466	266	Ceri JONES	M V60	Unattached	01:21:49	01:21:26		305	24
467	459	Karen SHEARS	F V65	Street Striders	01:22:14	01:22:06		162	7
468	587	Helen AMBLER	F V45	Unattached	01:22:15	01:21:33		163	20
469	48	Emma BRADSHAW	F Senior	Unattached	01:22:28	01:21:49		164	59
470	580	Janette WILTON	F V40	Fit 2 Run	01:23:03	01:22:34		165	25
471	126	Becci DAWE	F V40	Unattached	01:23:41	01:23:12		166	26
472	248	Vicky JACKMAN	F Senior	Unattached	01:24:18	01:23:50		167	60
473	197	Tamsin GOODMAN	F Senior	East Cornwall Harriers	01:24:35	01:23:59		168	61
474	394	Donna OSBORNE	F V40	Bovey Valley Runners	01:24:40	01:24:10		169	27
475	473	Sarah SMALE	F Senior	Unattached	01:24:48	01:24:29		170	62
476	6	Paul ALLFORD	M V45	Unattached	01:25:29	01:25:14		306	30
477	289	Michelle LAMONT	F V60	Unattached	01:25:37	01:25:09		171	15
478	71	Dennis BURRELL	M V70+	Carn Runners	01:25:54	01:25:28		307	11
479	407	Debra PRESSLEY	F V70+	South West Road Runners	01:26:00	01:25:33		172	3
480	505	Jacky THEEDOM	F V65	Crediton Running Network	01:26:38	01:26:13		173	8
481	294	Rosie LAWRENCE	F Senior	Unattached	01:26:42	01:26:16		174	63
482	179	Gemma FORD	F Senior	East Cornwall Harriers	01:27:06	01:26:29		175	64
483	181	Jo FRAIN	F V55	Unattached	01:29:02			176	18
484	502	Tia TARR	F Senior	Teignbridge Trotters	01:29:03	01:28:25		177	65
485	296	Rebecca LEVITT	F Senior	Unattached	01:29:29	01:29:02		178	66
486	298	Emily LILLEY	F V45	Unattached	01:29:51	01:29:29		179	21
487	381	Andrew PARK	M V70+	Torbay Aac	01:29:52	01:29:19		308	12
488	382	Anna PARK	F Senior	Unattached	01:29:52	01:29:20		180	67
489	139	Jenni-Louise DOUGLAS	F V40	Unattached	01:30:30	01:29:54		181	28
490	522	David VIGG	M V50	Holbeton Harriers	01:30:59	01:30:29		309	34
491	332	Ian MITCHELL	M V70+	Unattached	01:31:39	01:31:20		310	13
492	573	Sally DAVIES	F V70+	Unattached	01:31:58	01:31:30		182	4
493	70	Erin BURNETT	F Senior	Unattached	01:32:01	01:31:22		183	68
494	87	Anna CICOTTI	F Senior	Unattached	01:32:01	01:31:23		184	69
495	303	Joanna LORGRAILERS	F Senior	Unattached	01:32:18	01:31:44		185	70
496	359	Nicola NOLAN	F V40	Unattached	01:32:26	01:31:52		186	29
497	304	Piyabutr LORGRAILERS	M V45	Unattached	01:32:26	01:31:50		311	31
498	62	Katie BROWNING	F Senior	Plymouth Harriers	01:33:06	01:32:38		187	71
499	122	Abi DAVIES	F Senior	Unattached	01:33:25	01:32:56		188	72
500	155	Ryan ELLIS	M Senior	Teignbridge Trotters	01:33:25	01:32:57		312	106
501	331	Eliesha MITCHELL	F Senior	Unattached	01:33:27	01:32:46		189	73
502	27	Rosalind BEARD	F V60	Unattached	01:33:45	01:33:17		190	16
503	259	David JOHN	M V65	Unattached	01:34:00	01:33:47		313	17
504	224	Clare HILL	F V45	Unattached	01:34:12	01:33:39		191	22
505	532	Charlie WERNER	M V70+	Unattached	01:34:22	01:33:55		314	14
506	112	Julia CUSACK	F V60	Unattached	01:34:42	01:34:03		192	17
507	460	Karen SHEPPERDSON	F V60	Unattached	01:38:19	01:37:48		193	18
508	410	Penny PRISK	F V65	Unattached	01:39:05	01:38:53		194	9
509	260	Lynn JOHNS	F V50	Storm Plymouth	01:39:12	01:38:41		195	19
510	290	Becki LANE	F V50	Storm Plymouth	01:39:12	01:38:40		196	20
511	399	Hellen PLANT	F V50	Storm Plymouth	01:39:12	01:38:42		197	21

# Totnes 10K

Pos	Bib	Name	Cat	Club	Race Time	Chip Time	Gender	Cat Pos
512	167	Claire FARRAR	F V45	Teignbridge Trotters	01:40:01	01:39:19	198	23
513	436	Kirstie RODGERS	F V60	Unattached	01:44:23	01:44:00	199	19
514	546	Caroline WILLIAMS	F V50	Plymouth Falconers	01:45:42	01:45:10	200	22
515	431	Kelly ROBBINS	F V40	Storm Plymouth	01:45:42	01:45:12	201	30
516	223	Charlotte HIGMAN	F V45	Unattached	01:47:01	01:46:20	202	24
517	345	Steve 'Superman' NEAL	M V65	Storm Plymouth	01:47:07	01:46:29	315	18
518	430	Christine RIVE	F V70+	Unattached	01:51:04	01:50:33	203	5
519	42	Cathryn BONNEY	F V45	Storm Plymouth	02:02:15	02:01:41	204	25

Notes	
++	This runner has the same name and club, or unattached, as another runner, but has a different age. So the actual runner can only be identified by their bib number.